



1100 Investment Blvd
El Dorado Hills, CA 95762

<Date>

<Member Name>
<Member Address>
<Member City, Zip, State>

Dear <Member Name>:

One of the most important things you can do to achieve better health is to make sure you are taking your medications as prescribed by your doctor. In fact, a recent article in Consumer Reports, "What Your Doctor Wants," stated this was the #1 wish physicians had for their patients.

Taking medication as prescribed is called medication adherence. To help you accomplish this, AlaskaCare is launching a medication awareness program to show you how well you are doing in taking your medications compared to the national medication adherence goal. This program will focus on select chronic conditions such as diabetes, high cholesterol, high blood pressure and osteoporosis. These types of conditions, like many other chronic diseases, are better managed when you take your medication as your doctor directs.

You will receive an initial medication adherence report to show how you are doing now – how well you take your medications compared to the national targets. Each quarter, you will receive an updated report showing your progress. Enclosed is a sample letter similar to what you will receive.

If at any time you do not wish to have this information sent to you, please call the pharmacy program's Drug Therapy Management office. They are available Monday through Friday from 8 a.m. to 5 p.m. PT at (866) 342-2183. TTY users may call 711.

Sincerely,

AlaskaCare Health Plans